

Consent and the Client

Observations from Within



Understanding The Environment

Clients who struggle with addiction, mental health, and frequently concurrent disorders are not only affected by the condition of the road they navigate, but also the condition of the car they are riding in.

In other words, we always are challenged with wanting to drive, to steer, but having huge lapses in judgement when our disorders take control, unwillingly or not, but always clouding our judgement as to what is best for us, turning the car into other vehicles, trees, or other dangerous obstacles

Obstacles

Mental states change so often, and without warning, especially when drugs or medications are either not balanced or present.

Additionally, those in crises suffer from such frequent imbalance that we tend to accept chaos as normal, seeking to blame our surroundings versus ourselves.

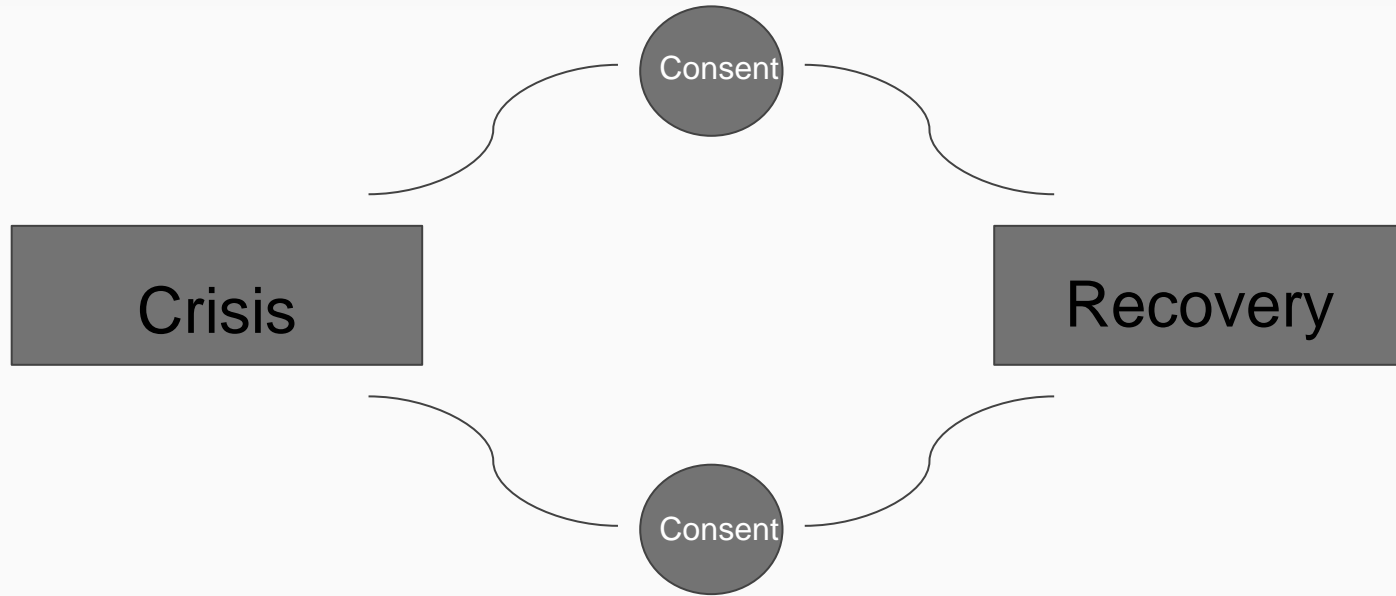
Even when I was in treatment it took months for me to realize that the decisions I was making for myself were lacking in any common sense

Consent is a Journey, not a Destination

As clients move through their recovery, it's not only their perspective that changes, but also their needs. Self confidence waxes and wanes, often suddenly and without warning, and the net that is there to catch them when they trip is woven from many elements.

Having a consent roadmap that adapts with these changes, as well as even predicting high risk sections well in advance allows the client to be prepared, as well as lessening the load on emergency services

Checking Back - A model for evolving consent



Making it Easy - Traffic Lights

Name

Address

Doctor's Contact Info

Family Emergency Contact

Self Identified Disorders

Services Requested/Needed

Services Previously Accessed

Medications

Triggers

Personal Breakthroughs

Potential
Harmful/Destabilizing
Factors

Triggers

Stigma/Reduction

Thank You