

TRANSITIONAL MENTAL HEALTH SERVICES FOR YOUTH

Service Utilization Summary

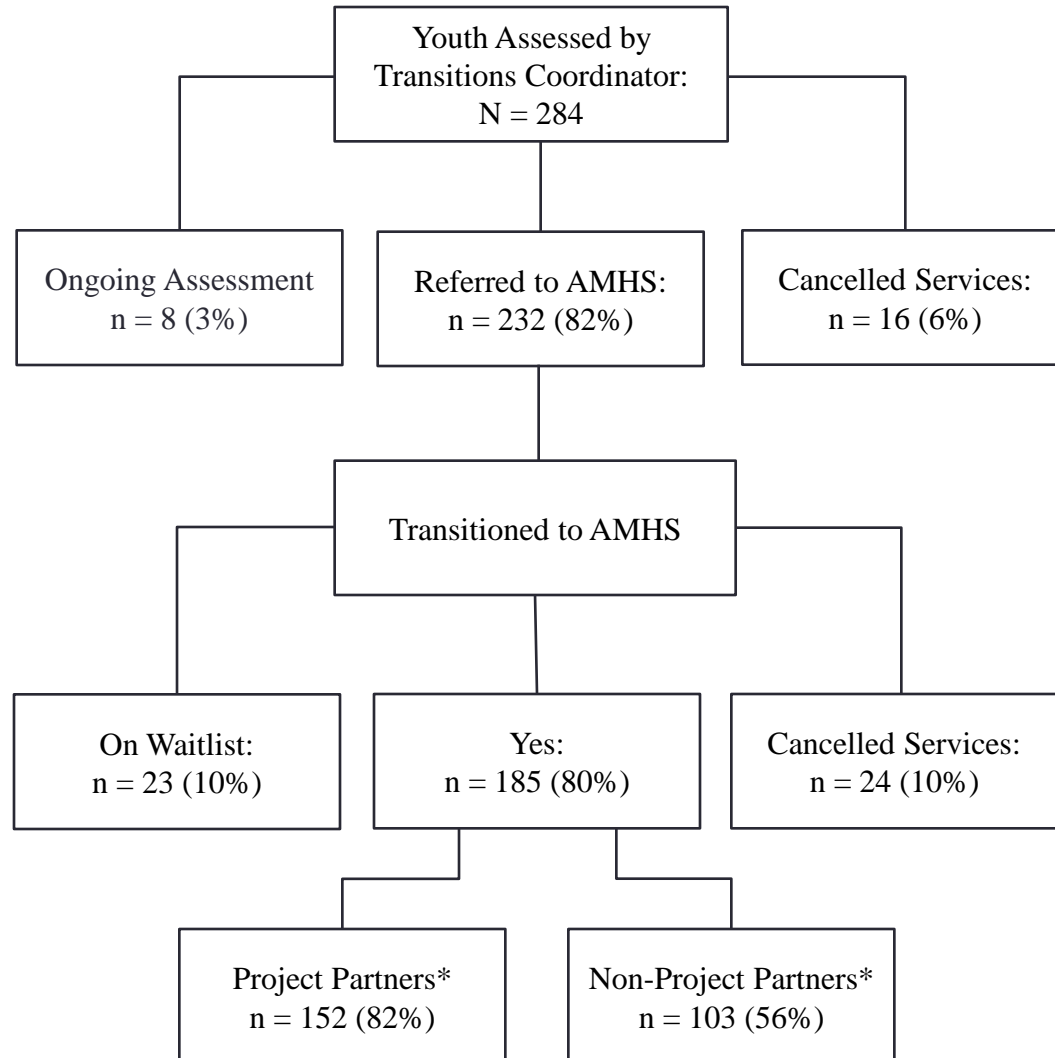
Transitional Youth Program Partners

- Royal Ottawa Health Care Group
 - Youth Program
 - Adult Program
- Children's Hospital of Eastern Hospital
- Ottawa Hospital
- Queensway-Carleton Hospital
- Canadian Mental Health Association
- Youth Services Bureau
- University of Ottawa Department of Psychiatry
- David Smith Youth Treatment Centre

Role of the Coordinator

- Receive all referrals
- Complete all intake and triage
- Engage youth, families and youth provider into Transition Youth Program
- Assess needs and strength of youth
- Liaise with program partners and coordinate access to Transition Team and to outside mental health resources when appropriate
- Maintain up to date data for outcome measures

Transitioned vs. Non-Transitioned Youth



*Some youth were seen by more than one AMHS

CAMHS Referral Sources

Referral Source	Number of Referrals (%)
CHEO	141 (50.0%)
ROMHC	134 (47.2%)
CAS	3 (1.1%)
YSB	2 (0.7%)
Dave Smith	1 (0.3%)
Robert/Smart	1 (0.3%)
FHT	1 (0.3%)

Diagnoses

Diagnosis	Number of Youth with Diagnosis (%)
Anxiety Disorders	83.2%
Mood Disorders	80.3%
Disorders first diagnosed in infancy, childhood, or adolescence	73.4%
Substance-related disorders	24.2%
Schizophrenia and Other Psychotic Disorders	15.2%
Personality Disorders	12.3%
Eating Disorders	6.1%
Additional Issues (e.g. academic problems, relational problems, PCRPs)	43.9%

Problems and Needs of Youth: GAIN-SS

- Moderate to high range reported by youth:
- Internalizing Disorders: 56.9%
- Externalizing Disorders: 53.3%
- Substance Disorders: 35.3%
- Crime/Violence: 28.9%

AMHS Referrals

Referral Source	Youth Referred (N)	Youth Transitioned (N, M)
CMHA	42	29 (M = 146 days)
Dave Smith	4	4 (M = 148 days)
Montfort	12	8 (M = 100 days)
Ottawa Hospital	18	17 (M = 99 days)
Queensway	9	5 (M = 136 days)
ROMHC	54	41 (M = 174 days)
YSB	11	10 (M = 50 days)
Other	107	87 (M = 77 days)

*Some youth were referred or seen by more than one AMHS

Other Referrals

- 2nd Stage Housing
- ACT Prescottt-Russell
- Algonquin Student Services
- Anxiety Group
- Carlingwood Resource Centre
- CAS
- Catholic Family Service Centre
- Catholic Immigration Services
- Community/Private Psychiatrist
- Cornwall General Hospital
- Cumberland Resource Centre
- Family Service Centre
- Georgian College Student Services
- Gloucester Resource Centre
- Maison Lusville
- Nepean Resource Centre
- Private Social Worker
- Robert Smart
- Sandy Hill Resource Centre
- South East Resource Centre
- Turning Corners
- University of Laurier Student Services
- Vanier Resource Centre
- Western Ottawa Resource Centre
- Youth Net

Transition Time across Program Years

