# Youth in Transition (ages 16 – 24)

CANADIAN MENTAL HEALTH ASSOCIATION
CHAMPLAIN EAST

ASSOCIATION CANADIENNE POUR LA SANTÉ MENTALE CHAMPLAIN EST

OCTOBER 2014

#### General Info

- Youth in Transition Program Champlain East:
- Prescott-Russell; Stormont, Dundas & Glengarry and Akwesasne
- ➤ No wait list;
- > 6-9 months of service to meet goals (not lifelong)
- > Can close file and return (reassess at that time)
- ➤ Youth Court (Diversion): 1 day/month 4 courts
- > Youth Housing Subsidies: 76 subs total (all ages)
- > 3 ICMs are assigned leads to Youth Program model

#### 2009 – 2010 (fiscal year)

- Youth in Transition: o (program not yet established)
- > ICM: 108
- Court Diversion/Support: 11
- > Vocational: 6
- ➤ Social Recreation: 10

#### 2010 – 2011 (fiscal year)

- Youth in Transition: o (program not yet established)
- ➤ ICM: 109
- Court Diversion/Support: 16
- ➤ Vocational: 4
- > Social Recreation: 16

#### 2011-2012 (fiscal year)

- Youth in Transition: 5 (program introduction)
- ► ICM: 114
- Court Diversion/Support: 24
- ➤ Vocational: 2
- ➤ Social Recreation: 26

#### 2012 – 2013 (fiscal year)

- Youth in Transition: 33
- > ICM: 120
- Court Diversion/Support: 32
- > Vocational: o
- ➤ Social Recreation: 29

#### 2013 – 2014 (fiscal year)

- Youth in Transition: 30
- ➤ ICM: 183
- Court Diversion/Support: 35
- > Vocational: 6
- ➤ Social Recreation: 40

### 2014 – 2015 (April 1 – Sept 30, in progress)

- Youth in Transition: 19
- ➤ ICM: 172
- Court Diversion/Support: 15
- ➤ Vocational: 9
- ➤ Social Recreation: 35

## Champlain East YITP Profile

#### 2011 - 2012

- YITP: (year 1): 5
- ➤ ICM: 114
- Court
  Diversion/Support: 24
- ➤ Vocational: 2
- ➤ Social Recreation: 26

#### **2014 – 2015 (in progress)**

- YITP: (year 4): 19
- ➤ ICM: 172
- Court Diversion/Support: 15
- ➤ Vocational: 9
- ➤ Social Recreation: 35

#### **Summary**

- 1) Overall numbers are up, suggesting that the program is becoming more visible on the community's radar.
- 2) Participation in Court Support is down, so hopefully that means that perhaps CMHA-East is influencing a trend in a different direction... (only half way through the fiscal year)
- 3) Social Rec participation is up, as is participation in Vocational Support, both of which represent healthy alternatives to brushes with the court system.
- 4) We maintain a high percentage of youth self-referrals, again suggesting a readiness to respond to interest in services that is generated by ongoing Mental Health Promotion activities in the schools.
- 5) WRAP program offered 3x/year.
- 6) Youth Program: youth committee (launch: Oct 1, 2014)